

REGULATIONS AND TIMELINES FOR DAN TESTING

Poom / Dan	Minimum Time Required for Promotion	Age Limits for Promotion	
		Start from Dan	Start from Poom
1st Poom	N A	N A	Less than 15 Yrs
1st to 2nd Poom	1 year	N A	Less than 15 Yrs
2nd to 3rd Poom	2 years	N A	Less than 15 Yrs
3rd to 4th Poom	3 years	N A	Less than 18 Yrs
1st Dan	N A	15 yrs and above	N A
1st to 2nd Dan	1 year	16 yrs and above	15 yrs and above
2nd to 3rd Dan	2 years	18 yrs and above	15 yrs and above
3rd to 4th Dan	3 years	21 yrs and above	18 yrs and above
4th to 5th Dan	4 years	25 yrs and above	22 yrs and above
5th to 6th Dan	5 years	30 yrs and above	30 yrs and above
6th to 7th Dan	6 years	36 yrs and above	36 yrs and above
7th to 8th Dan	8 years	44 yrs and above	44 yrs and above
8th to 9th Dan	9 years	53 yrs and above	53 yrs and above
9th to 10th Dan	N A	60 yrs and above	60 yrs and above